## jani Ressi for Finnish Student Sports Federation vice chairperson for 2022



Hello!

My name is Jani Ressi and I am a nominee for OLL vice president.

This year I am the event organiser in METKA, and I have worked a bit in the world of student sports and community as well. I am also a board member in World Student Capital and the chairperson in 4Towers, an e-sports club in Metropolia.

Sports and being active in general has a major role in my life and I have played many different sports from ball games to martial arts, seeing the pros and cons in all of these. With this wide experience I know the importance of being active and having a good balance of sports activities in your workspace, studies and life in general. Through these experiences I know how vital a good diet, stretching and good sleep are for your health.

My biggest interest is the OSM concept. I got a taste of it by being part of a team organising an OSM event in a computer game called PUBG. We organised this with our e-sports club 4Towers and I got experience from all aspects as an event organiser.

I have also been part of the My Active Campus project in Metropolia Myllypuro campus. Idea of the project is to produce an active environment on the campus to help the students feel better. My responsibility was to coordinate activities with VR glasses as a low effort option for students to attend.

I have seen and experienced a lot. I have ideas about what I could offer. There are still a lot of things to develop and continue in university sports and activities. I just need your trust so that I can help with these.

I just ask for trust and faith so we can move towards a better, healthier future!

Nominees contact information

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